

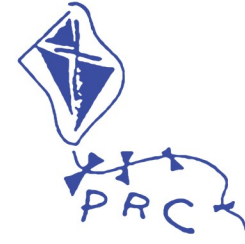
"Parenting with Heart"

A 10 week Parenting class where YOU decide what you want to learn.



Please call Pro Action of Steuben and Yates, Inc. 1-800-553-2033- ext 144 and speak to Pam or Brooke at the Center @ 936-3837-ext 11 Funded in part by: United Way of the Southern Tier, Community Foundation, Triangle Foundation. and Steuben Family Enrichment Collaborative.

NONNIE HOOD PARENT AND FAMILY RESOURCE CENTER



...a great place to
grow your family!

September 2010

Calendar and Newsletter





Nonnie Hood Parent and Family Resource Center September Calendar Clues

All programs are open to the public.
We suggest you visit the PRC or call,
936-3837, to register for programs.

MEETINGS AND GROUPS

The Autism Support Group

September 20— 6-8 PM

This growing and very positive group here at the PRC is seeing new faces each and every month. The Autism Support Group meets monthly at the PRC and is open to any family with a child diagnosed with Autism and those who are seeking more information on the topic of Autism. For more information call Holly Tucker at (607)425-1706

Early Head Start Socialization **September 13 & 27— 10-11:30 AM**

Please contact Peggy Miles of Pro Action Head Start at (607) 776-2125 for more information.

The Dad's Den

This group is perfect for any father, uncle, or other active male figure in a child's life! The group is activity-based for both child and adult to attend. This group is currently looking for a "father figure" leadership. Please contact Brooke if you are interested in helping recruit or plan activities.

ONGOING ACTIVITIES

"Parenting with Heart"

A new round will begin in October for Parenting with Heart. Please contact Brooke if you are interested in being put on the registration list for this ten week course.

Afternoon Fireflies: Stories and Crafts- Come in and enjoy new stories and crafts Thursday afternoon each week!

Craft of the Week- Please note that each week the PRC provides different materials for design and creativity. The purpose of these materials is to introduce children to new textures, ideas, fine motor skills, and endless possibilities! We strive to encourage process, meaning the journey through the project, over product, meaning finished result, however there are suggestions for what the materials could be. All materials are available due to generous donations and local community support. Enjoy!

EVENTS, ACTIVITIES, AND FAMILY EDUCATION OPPORTUNITIES

September 1-4— Closed for Cleaning

September 10 — Fire Department Field Trip @ 11

Join the PRC as we take a field trip to the Corning Fire Department. Your family is welcome to walk over the bridge with us at 10:30 or meet us at the department at 11. We will be seeing the trucks, learning about fire safety, and meeting the fire men. The center will be closed while we are at the fire station and will reopen when we return.

September 15 — Baby Safety for Siblings @ 11

Kids can come and learn how to help diaper, bathe, dress, and care for a baby.

September 17— Closed for Staff Development

Parenting with Heart/ T.E.P.E Training

September 21 — Cooking with Bobbi: Smores @ 11

Join our volunteer Bobbi for some fun cooking and nutrition information!

September 7, 14, 21, 28, — 6-8PM "Parenting with Heart"

This parenting series offers an informal round table discussion setting in which parents will discuss a variety of parenting topics. This is a ten week course where you decide what you will learn. The PRC is proud to be part of this collaboration in conjunction with The Family Enrichment Collaborative and TEPE Training Institute.

Looking Forward...

October 5 & 7

Flexible Families: Parenting Through Separation and Divorce

This is a program that helps reduce the impact and long term effects of divorce or separation on children by teaching their parents how to contain conflict and act in the best interest of the child. This course encourages effective communication, problem solving, and conflict resolution. Contact Julie Matusick or Brooke Bennett to register or to ask for more information. Pre-registration is required. There is a sliding fee scale for this class.









Nonnie Hood Parent and Family Resource Center

300 Civic Center Plaza
 Corning, NY 14830
 607-936-3837

www.nonniehoodprc.org

September 2010

Wednesday & Friday: 10:00 am– 3:00 pm
Tuesday: 10:00am - 3:00pm
Thursday: 12:00 pm– 7:00 pm
Saturday: 10:00 am–1:00 pm

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>BACK TO SCHOOL IDEAS</p> <p>Pack lunches the night before to avoid the morning rush.</p>	<p>1 2 3 4</p> <h2 style="font-size: 2em;">Closed For Fall Cleaning</h2> 					
<p>5</p> <p>Write notes or send pictures in your child's lunch box to let them know you are thinking of them!</p>	<p>6 Closed</p> <p style="text-align: center;">Labor Day</p>	<p>7</p> <p>Parenting with Heart 6-8 PM</p> 	<p>8</p>	<p>9</p> <p>Afternoon Fireflies: Stories and Crafts</p>	<p>10</p> <p>Fire Department Field t Trip @ 11</p> 	<p>11</p> <p>Birthday coming up? See if your special day is still available!</p>
<p>12</p> <p>Keep open communication with your child's teacher and if you have extra resources ask the teachers if there is anything they need.</p>	<p>13 Closed</p> <p style="text-align: center;">Early Head Start 10-11:30</p>	<p>14</p> <p>Parenting with Heart 6-8 PM</p>	<p>15</p> <p>Baby Safety for Siblings @ 11</p>	<p>16</p> <p>Afternoon Fireflies: Stories and Crafts</p>	<p>17</p> <p>Closed for Staff Development: Parenting with Heart/ T.E.P.E Training</p>	<p>18</p> 
<p>19</p> <p>Practice your address and phone number with your child in case of bussing mishaps.</p>	<p>20 Closed</p> <p style="text-align: center;">Autism Support Group 6-8pm</p>	<p>21</p> <p>Parenting with Heart 6-8 PM</p> <p>Cooking with Bobbi: Smores @ 11</p>	<p>22</p> 	<p>23</p> <p>Afternoon Fireflies: Stories and Crafts</p> <p style="text-align: center;">First Day of Fall</p>	<p>24</p>	<p>25</p> <p>The PRC can be rented for parties, showers or reunions!</p>
<p>26</p> <p>Get into a good night time routine to avoid not getting homework or projects done.</p>	<p>27</p> <p style="text-align: center;">Closed</p> <p style="text-align: center;">Early Head Start 10-11:30</p>	<p>28</p> <p>Parenting with Heart 6-8 PM</p>	<p>29</p>	<p>30</p> <p>Afternoon Fireflies: Stories and Crafts</p>		<p>Whatever the occasion , let the PRC be your second home to gather in!</p>



PAY ATTENTION!!

SCHOOL'S BACK IN SESSION.

For twenty three million students nationwide, the school day begins and ends with a trip on a school bus. The greatest risk is not riding the bus, but approaching or leaving the bus.

Drivers

- ✦ When backing out of a driveway or leaving a garage, watch out for children walking or bicycling to school.
- ✦ When driving in neighborhoods with school zones, watch out for young people who may be thinking about getting to school, but may not be thinking of getting there safely.
- ✦ Slow down. Watch for children walking in the street, especially if there are no sidewalks in neighborhood.
- ✦ Slow down. Watch for children playing and congregating near bus stops.
- ✦ Be alert. Children arriving late for the bus may dart into the street without looking for traffic. Learn and obey the school bus laws in your state. Learn the "flashing signal light system" that school bus drivers use to alert motorists of pending actions:
 - **Yellow flashing lights** indicate that the bus is preparing to stop to load or unload children. Motorists should slow down and prepare to stop their vehicles.
 - **Red flashing lights** and extended stop arms indicate that the bus has stopped, and that children are getting on or off. Motorists must stop their cars and wait until the red lights stop flashing, the extended stop sign is withdrawn, and the bus begins moving before they can start driving again.

Becoming a Step Parent

Becoming a parent by blending families or marrying someone with kids can be a rewarding and fulfilling experience. If you've never had kids, you'll get the opportunity to share your life with a younger person and help to shape his or her character. If you have kids, you'll offer them more opportunities to build relationships and establish a special bond that only siblings can have.

In some cases, your new family members may get along without a hitch (remember *The Brady Bunch?*), but other times you can expect difficulties along the way. Figuring out your role as a parent — aside from the day-to-day responsibilities that come with it — also may lead to confusion or even conflict between you and your partner, your partner's ex-wife or ex-husband, and their kids.

While there is no foolproof formula for creating the "perfect" family (every family has its own dynamics), it's important to approach this new situation with patience and understanding for the feelings of those involved. Suggestions below also may help to make things easier as you adapt to your new role.

What are some factors to consider?

1. How old the kids are.
2. How long you dated the parent before marriage.
3. How well the parent you marry gets along with the ex-spouse.
4. How much time the kids spend with you.

Steps to Great Step parenting

Put needs, not wants, first.

House rules matter.

Create new family traditions.

Respect all parents.

Don't use kids as messengers or go-betweens.

For more information visit

<http://kidshealth.org/parent/positive/talk/stepparent.html>

